



## Information and Instructions for Parents

Please be advised that our program is capped at 60 participants with a wait list after this number has been reached. Children who are assessed in levels Dolphins, Octopus and Sharks, and as they move up a level and out of the program, spaces can be filled from our wait list. Assessments will be done more regularly at these levels. The first day for new arrivals assessments will be conducted to place them in an appropriate level. This will enable us to see where they fit into for our program.

This summer season we will be offering other opportunities for swimming and water safety lessons. In January 2018 we will be conducting two separate weeks of Swim and Survive Camps. The date is 15 to 19 January 3-5pm. If you are interested in these programs please talk to us and register. There will be a fee charged to participate in this program and more information will follow once numbers and booking is confirmed.

### *Our priority to participate in the program is:*

1. Student's returning from last year to our program
2. Disadvantaged families and people from CALD Communities who can't afford swimming lessons
3. Children and adults who cannot swim at all no matter what age and not having lessons at another swim school
4. Children and adults who are from overseas and are new to the area
5. Everyone else.

If children are receiving or have been attending lessons at other swim schools, we will wait list them and allocate a position when available. Please be aware of this as we are a volunteer program and therefore like to assist those who are less fortunate to be able learn to swim. There is also the opportunity to swim with Collaroy Swim Club which have handicapped races from a distance of 15m upwards.

### What to do each Sunday at Lessons

Please have your child's name marked off by **8.30am** as lessons need to be finished by 9.30am it is important to be on time. Our registrar will give you a coloured numbered disk for the level that your child is in for their lesson.

**Red disks** - Starfish & Seahorse levels - **Yellow disks** Crabs, **Blue disks** Dolphins & Turtles levels **Green disks** – Octopus & Sharks levels

- Wait pool side and listen for your colour and number to be called out for the next available instructor.
- Please be patient with us on our busy days. We are all volunteers and we appreciate you and your children participating in the program.
- Stay poolside while lesson is conducted. Lessons last around 10-15mins and collect your child from the instructor after the lesson has finished.
- We request that children bring swim goggles to lessons. Instructors will teach with and without goggles in each lesson as a component of our program is water safety.
- Your child may not have the same instructor each week. This adds variety to each lesson and is good for children as they develop their social skills.
- Once the level of Shark is achieved we would recommend that child graduate to have a trial at the swimming club which starts after our lessons at 10am.

Certificates & encouragement awards are given to each participant throughout the program. Your gold coin donations each week (optional) go towards training new volunteers as swim instructors, purchase necessary equipment to run our program. It also allows us to support water safety swim programs on the peninsula.

*Thank you for joining the program*